BYLAWS (Rules) Eastern Los Angeles Regional Center Consumer Advisory Committee (CAC)

We believe:

People with developmental disabilities can be empowered to make choices in all areas of their life, be included in their communities, and participate in decisions affecting their lives.



Article I - Our Name

Our committee is named "Consumer Advisory Committee" (CAC).

Article II - Purpose (Mission)

The CAC encourages people with developmental disabilities to become active decision-makers and be representatives for others.

The CAC advises the Board of Directors about issues important to people with developmental disabilities.

What we do

- Speak up for ourselves and other people with disabilities.
- Learn about important issues that affect us.
- Advise the Board of Directors and staff on policies.
- Share information about our rights, IPPs and other issues.
- Teach people about Boards and committees.



Article III - Membership and Term

The CAC will have 14 members.

Any person who receives services from the regional center can be a CAC member.

Members are chosen by a majority vote of CAC members at the next meeting after the Consumer Advocate receives an application.

The CAC will elect a chairperson to represent the committee at ELARC Board of Directors meeting. If the Chair is not able to represent the CAC at Board meetings, a representative can be chosen by the committee.

Applications for CAC membership are available on the ELARC CAC website or ask the Consumer Advocate.

Membership is for 3 years. Members can serve 2 terms in a row.

The ELARC Consumer Advocate is an advisor/helper to the committee and not a member of the committee and does not vote.



Article IV - Officers and Elections

Officers: Chair and Vice-Chair.

Officers are elected by CAC members. The person who receives the most votes will be the Officer for 2 years. An Officer can be voted into the same office 2 times.

If a person cannot complete their term, the CAC will elect a new Officer. That person can run for any office and be elected 2 times.

Duties of the Chair:

- 1. Schedule/attend planning meetings with the Consumer Advocate.
- 2. Develop meeting agenda with Vice-Chair and Consumer Advocate.
- 3. Know the agenda and run the CAC meeting.
- 4. Help arrange for guest speakers.
- 5. Represent the CAC in the community.
- 6. Create committees to work on new ideas or events.
- 7. Present the CAC report at ELARC Board meetings.
- 8. Follow-up on issues brought up at CAC meetings.
- 9. Be a leadership mentor for members.
- 10. Know the CAC bylaws and meeting procedures.

Duties of the Vice-Chair:

- 1. Participate in planning meetings.
- 2. Help Chair and Consumer Advocate develop meeting agendas.
- 3. Help the Chair run the CAC meeting.
- 4. Run the meeting when the Chair is absent.
- 5. Help Chair with committee assignments or member requests.
- 6. Know the CAC bylaws and meeting procedures.



The annual CAC meeting is July. Officer elections take place at the annual meeting.

The CAC meets 4 times a year. The day and time of the meeting is decided by CAC members and ELARC staff.



Each CAC member has (1) vote and votes on all issues.



Article VII – Attendance

CAC members who miss 3 meetings in a row but want to remain a member, can ask the Chair for a temporary leave from attending meetings.



Article VIII

Representation on the Board of Directors

If there is an opening on the Board of Directors and a CAC member has an interest in becoming a member, they can apply by completing a "Board Application Form" available from the regional center office.